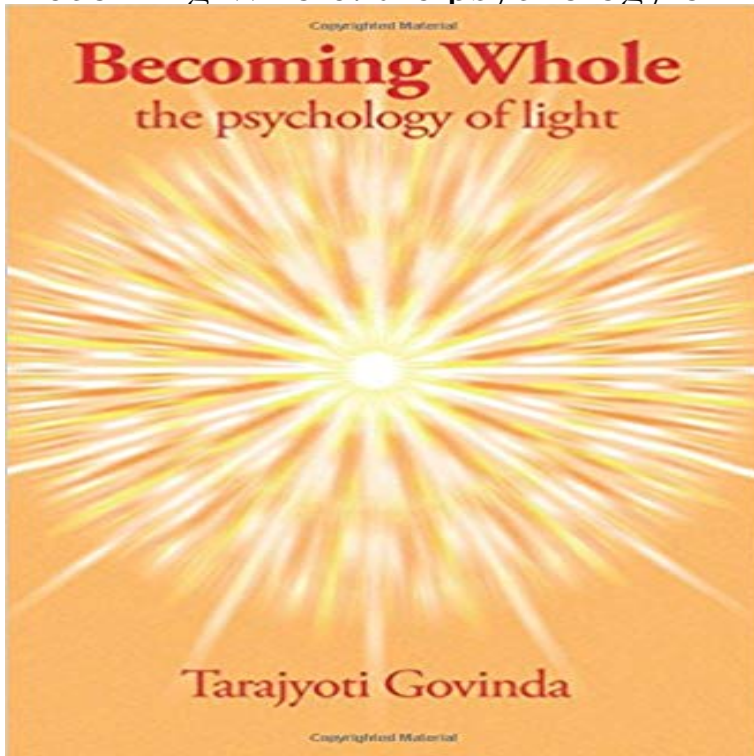


Becoming Whole: the psychology of light



In *Becoming Whole: the psychology of light* Tarajyoti addresses the issue of Spirit in our psychology, taking us through the wastelands to the Grail of our heart, reminding us of the healing power of love and Light. *Becoming Whole* takes us on a journey towards the lightness of being and embracing the Grail. It is for all who seek to know themselves and aspire to acquaint themselves with the Light of soul. It is a guide for self-exploration which provides some of the keys we need for dealing with our anger, fears, guilt, grief and depression and for opening to the Light within our being.

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